

# ILCA Youth Age Policy

The Laser is widely used as a youth training and racing boat. The chart below illustrates a typical progression and suggested age limits for prizes at youth events.

Age *	12	13	14	15	16	17	18	19	20
Birth Year **	1993	1992	1991	1990	1989	1988	1987	1986	1985
<b>Laser 4.7:</b>	UNDER 15			UNDER 18					
	<b>Laser Radial:</b>			UNDER 17		UNDER 19			
				<b>Laser Standard:</b>		UNDER 19		UNDER 21	

\* The age the competitor **becomes** in the year of the Championship

\*\* The year during or after which the competitor must have been born **FOR A 2005 CHAMPIONSHIP** using this guide

Within these age limits there will be a wide variation in weight for a given age, therefore some overlap is necessary. The age bands for each rig show suggested main prize categories even when the total entry for a rig is starting together. In larger events, prizes for more age groups within the band limits should be awarded to generate even greater interest.

In general ILCA recommends that Youth events shall be held in Laser 4.7 and Laser Radial rigs. However it is recognised that some older youth sailors may be heavy enough to sail a Laser with a standard rig but may not be fully enough developed physically to be able to compete with older similar weight sailors.

The stepped progression maintains interest throughout youth years for different rates of growth.